

School Health Advisory Council Meeting

10/6/2020

The Gustine ISD School Advisory Council held their first meeting of the school year on Tuesday, 10/6/2020 in the High school library. An invitation was sent out through *ParentSquare* inviting any interested parent to join the council. Personal invitations were sent to six parents which were recommended as potential members. Word was received from two parents that they were interested in serving on the Council but would not be able to attend the first meeting due to scheduling conflicts. No other parents attended the meeting. Mr. Kenny Eudy, principal and Lisa Connel RN, school nurse/ SHAC Coordinator were present.

A Flu Vaccine clinic was held on October 6th for school staff. The clinic was provided by Comanche County Medical Clinic. The District provides the vaccine to interested employees to help reduce absenteeism.

Due to COVID-19 many annual activities will not be held to help practice recommended social distancing.

- Safety City for 3rd grade
- Cowtown 5K- virtual only
- Turkey Walk

The areas identified through the School Health Index assessment conducted last year were discussed.

- Health Education- Mrs. Connel reported that teachers have received the information needed to set up the parent portal link for their classes relating to *The Great Body Shop* curriculum.
- Employee Wellness and Health Promotion: The plan was to promote *Comanche County Medical Center's* Wellness Program for employee wellness. Due to COVID-19, CCMC is currently not providing the service.
- Family Engagement: ParentSquare is currently being used to disseminate information to parents.

Ideas discussed:

- Providing health educational information to parents with the focus on Heart Health and Type 2 Diabetes.
- Promoting *American Heart Association's Jump Rope for Heart* program in February through the elementary PE classes.

The next meeting was tentatively scheduled for Thursday, December 3

Submitted by Lisa Connel RN