

# School Health Advisory Council Meeting

## 12/3/2020

The Gustine ISD School Advisory Council held their second meeting of the school year on Thursday, 12/3/2020 at 5:00 p.m. in the High school library. One parent indicated that they would not be able to attend the meeting due to illness concerns. A second parent made arrangements to listen to the meeting by way of phone should she not be able to attend the meeting. No parents attended the meeting.

Mrs. Patti Blue, Superintendent, Mr. Kenny Eudy, Principal, Mrs. Shana Wooton, Teacher and Lisa Connel RN, School Nurse/ SHAC Coordinator were present.

Minutes from the previous meeting were approved as written.

Mrs. Blue reported that the Water Filtering System will not be possible at this time due to unexpected expenses.

Discussion focused on ways that health and wellness information could be provided to parents. Ideas that were proposed included:

- Continuation of the use of ParentSquare for disseminating information.
- Possible use of Facebook live
- Providing video links via ParentSquare

Potential topics included:

- Diabetes
- Cardiovascular health
- Nutrition
- General information for staying healthy
- Obesity

An after-school staff exercise program was also discussed.

The possibility of holding the next SHAC meeting via Zoom was discussed with the hope that more parents would participate during the current pandemic situation.