

Gustine ISD School Health Advisory Council
12/12/2019 Meeting Minutes

The School Health Advisory Council met for the second meeting of the 2019/2020 school year. Those present: Parent: Alejandra Castillo, School Representatives: Patti Blue- Superintendent, Kenny Eudy- administrator, and Lisa Connel- school nurse.

Members were welcomed by Lisa Connel.

Minutes were corrected to include Community Representative, Chris Pounds: Deputy Sheriff in attendance.

Electing parent chairman was tabled due to only one parent in attendance.

Mrs. Connel gave reports on:

- Turkey Walk- 86 participants signed in at the event on November 21st. Fifteen frozen turkeys as well as numerous other door prizes were given away to the participants.
- Cowtown grant was received for 75 students. 59 students were selected through an evaluation process to represent Gustine ISD at the Cowtown 5K to be held in Fort Worth on February 29 ,2020. Students traveled to Granbury to take part in a training session which was a requirement of the grant. Students were given useful tips for preparing for the 5K by a seasoned marathon runner. Donations are still needed to pay for one half the entry fee which is not covered by the grant. \$472 is needed for this portion in addition to the \$22 entry fee for 11 staff members who have agreed to go to help oversee the students along the race route. \$242 for a total of \$714.
- Policy update reports that were approved at the last meeting were submitted to the School Board at the November 11th meeting.

The Council was informed of the waiver that has been requested from the Texas Department of Agriculture for the Summer Nutrition Program. The waiver is being requested due to the fact that many of the district families live a considerable distance from the school and there is not a safe option for walking to school because of the close proximity of the school to State Highway 36.

The Council voiced that we would once again like to sponsor the Sweetheart Breakfast to encourage parents and other family members to eat breakfast with their children on February 14. Mrs. Connel will discuss with Mrs. Martin, cafeteria manager our desire.

The Council started the process of evaluating the school environment through the School Health Index evaluation tool. Modules 3, 4, & 5 were discussed.

- Module 3- Physical education and Physical Activity Programs- Score 84%. One low performing area included the need for goals, objectives, and expected outcomes be documented for procedure purposes.
- Module 4- Nutrition environment and Services- Score 74%. One low performing area involves the school offering a traditional lunch program with no alternative points of sale which is not feasible due to available funding. It was noted that the school breakfast scored improved due to the later breakfast option for secondary students this year.
- Module 5- School Health Services- Score 76% One low performing area was due to the district not having a full-time registered nurse. Another low performing area involved health promotion. It was noted that Mrs. Connel provides health education in several areas, which were areas not involved in the assessment. It is felt that most of the areas assessed in the evaluation are being covered by outside health organizations

The next meeting will be scheduled for sometime during February. The exact date is to be determined and communicated at a later time.