

Gustine ISD School Health Advisory Council
10/17/2019 Meeting Minutes

The School Health Advisory Council met for the first meeting of the 2019/2020 school year. Those present: parent Amber Miller; School Representative: Patti Blue- Superintendent, Kenny Eudy- administrator, and Lisa Connel- nurse

Members were welcomed by Lisa Connel who gave a short overview of the Council's duties and outlined the Coordinated School Health Program.

Members reviewed the Mission Statement and it was suggested that the statement be expanded to promote a lifestyle that includes "both physical and mental health" due to the recent charge for schools to incorporate mental health education and awareness as part of the health education curriculum.

The election of a parent chair was postponed until more parents were present.

The minutes from the previous meeting were approved as written.

Mrs. Connel gave reports on:

- Secondary breakfast schedule was changed to after 1st period which has seen a considerable increase in the number of students participating in the breakfast program.
- Flu vaccine clinic was held for Gustine ISD employees on October 8, 2019.
- Stop the Bleed training was provided for 7th-12th grade students by Comanche County EMS. This is a new requirement in which students were taught the steps to preventing a severe bleeding emergency.
- 3rd grade trip to Safety City on October 17, 2019.
- Application has been made for the Cowtown 5K grant. Notification of grant receipt should occur in November then team selections will begin.
- Annual Turkey Walk is scheduled for November 21st from 4:30-5:30 at the Gustine football field. Parents, community members, staff and students are encouraged to participate.

The following policy updates were discussed:

- The recess policy recommendation was approved as written and will be submitted to the School Board.
- The Council recommends that the district continue to use the Great Body Shop curriculum for Kindergarten-8th grades. This is an approved Comprehensive Health Education curriculum which the Council recommends that is to be used a minimum of 1 hour monthly.
- The Council recommends that the Abilene Recovery Council's, *Positive Action Curriculum* be used for 2nd-9th grades along with age appropriate Substance Abuse Prevention Education. It is recommended that this program will be presented in their usual 8-10 weekly sessions at least one semester a school year.

- The Council recommends that Puberty Education classes will be presented to 5th grader students yearly and that the CHOICES program from Stephenville will provide Sexuality Education at a minimum of every other year for grades 7th-12th grades or at the administrator's discretion.
- The Council recommended that the following training is conducted annually as required by law for teachers: suicide prevention, bullying prevention, grief and trauma strategies, recognizing signs of mental health conditions and substance abuse, establishing and maintaining positive relationships among students including conflict resolution. It was recommended that the training is based on relevant best practice-based programs and research-based practices which have been recommended by the Health and Human Services Commission and/or Region 14 Education Service Center.

The next meeting was scheduled for Thursday, December 12th at 5:00.

Submitted by Lisa Connel R.N.