

Minutes for SHAC Meeting held on January 31, 2019

Called to order by Cynthia Newton at 5:04 pm

Members in Attendance: Shana Wooton, Ramona Briones, Cynthia Newton, Fabiola Patino, Kenny Eudy, Patti Blue, Benita Zarate, Amanda Kirkland

Minutes from the previous meeting were approved unanimously. Motion by Amanda Kirkland and Second by Kenny Eudy.

Patti Blue gave an update on Cowtown preparation, Maintain, No Gain Challenge Outcomes, Sweetheart Breakfast preparation. Patti Blue also explained why the district had requested a Summer Nutrition Program Waiver. It was explained that transportation is the issue prohibiting the district from offering this program.

The majority of the discussion was about the Health Fair and Texas Reads One Book Kick Off on April 15, 2019. Shana Wooton and Lisa Connel have been working on the plans for this event. Shana gave an update on what was being planned. The committee was asked about potential activities and booth providers. Mrs. Blue stressed to the group the need for them to help solicit participants and donations for the event. Ms Kirkland stated that she would contact the Tarleton Nursing program and see if they would like to participate again. Mrs. Blue said that she had talked to Ranger College about participating and being there to spread the word about their EMT and Nursing programs. Mrs. Patino stated that she would be willing to contact businesses for donations. She asked if there was a letter/flyer that she could use as documentation when approaching the businesses. Mrs. Wooton said she would get something together that could be used for that purpose. There was discussion about what kind of outdoor activities could be scheduled for families to be involved in. Mrs. Blue suggested that maybe the Ag classes could make Cornhole Games. Families could play the games and then the boards could be given away as prizes as well. Mrs. Blue also stated that we have plenty of jump ropes and hula hoops we could use for some kind of activity. There was also discussion about what kinds of healthy snacks could be served. Ms. Kirkland brought up a trail mix and some other snacks. Mrs. Wooton said she would think about this.

Meeting was adjourned at 6:05 pm