



School Health Advisory Council (SHAC)

The School Board has established a local health advisory council to assist the District in ensuring the local community values and health issues are reflected in the District's health education instruction. The Board has appointed members to the council, a majority of which are parents of students enrolled in the District. Other representatives are public school teachers, public school administrators, health care providers, and members of the business community.

What Does The Council Do?

The SHAC has a variety of roles addressing all components of a comprehensive school health program. The components include:

- Health instruction
- Healthful school environment
- Health Services
- Physical education
- Schooling counseling
- Nutrition Services
- Health promotion for staff
- Family Engagement
- Community Involvement

The local school health advisory council's duties include recommending:

- The number of hours of instruction to be provided in health education
- Health education curriculum appropriate for specific grade levels that may include a coordinated health education program designed to prevent obesity, cardiovascular disease, and Type II diabetes.
- Instruction to prevent substance abuse.
- Appropriate grade levels and methods of instruction for human sexuality education
- Developing strategies for integrating curriculum into a coordinated school health program encompassing issues such as school health services, counseling services, a safe and healthy school environment, recess recommendations, improving student fitness, mental health concerns, substance abuse prevention, and employee wellness.
- Making recommendations for increasing parents' awareness of warning signs of suicide and mental health risks and community mental health and suicide prevention services

Mission Statement:

The mission of the Gustine ISD School Health Advisory Council is to promote a lifestyle that includes both mental and physical health which will empower students to be health conscious life-long learners.

During the preceding school year (2018/2019) the district's School Health Advisory Council (SHAC) held 5 meetings. Additional information regarding the district's SHAC is available from the school nurse.