






Category	WELLSAT 3.0 Score	WELLSAT-I Score	Description Scoring: 0- No mention in policy 1-Weak or unclear policy language 2-Strong policy language
 <p>Strong Policies and Aligned Practices</p>	2	2	<p>Strong policies and Aligned Practices- Areas that we are doing a good job:</p> <ul style="list-style-type: none"> • Comprehensive nutrition education curriculum in place for K-8 Great Body Shop • Strong Nutrition Program that is in compliance with USDA standards. • In compliance with Smart Snack standards • Aligned PE curriculum for Elementary and Middle School • Physical activity opportunities for students and community through our annual Turkey Walk • Unstructured physical activities for Elementary students during scheduled recess times. • Employee wellness opportunities are in place • Active Wellness Committee (SHAC) • Wellness Policy and assessments availability through our District website. <p>We are showing great progress in compliance to the major aspects of the Wellness Policy.</p>
 <p>Create Practice Implementation Plan</p>	1 or 2	0 or1	<p>Strong or weak policy but practice is absent or limited Areas that there is room for improvement or our policy is up to compliance but we are not putting the plan into practice:</p> <ul style="list-style-type: none"> • Nutrition Education in not integrated into other subjects beyond health education • Competitive food are available during class parties (Christmas and Valentine parties) • Limited stakeholder participation in SHAC <p>The assessment shows that we have limited areas in which we are not practicing what is in our policy. We would like to make progress in getting more parents involved in the SHAC.</p>

 <p>Update Policies</p>	<p>0 or 1</p>	<p>2</p>	<p>Fully implementation practices but no or weak policy, partial implementing practice with no policy language. These areas are an easy fix- we are doing good things- the policy needs to be updated on items as we deem appropriate for Gustine ISD. Items for consideration:</p> <ul style="list-style-type: none"> • Policy for food not being used as a reward or drinking water being available. • Policy concerning professional development requirements for PE teachers • Policy regarding exemptions from PE. • Policy regarding physical activity being withheld as punishment. (we addressed this as a committee, it was recommended that students be allowed to walk instead of sitting out at recess when possible- It is believed that most teachers are implementing this recommendation) • Policy concerning the process for updating the Wellness policy based on the results from the triennial assessment. <p>Areas that are not applicable to Gustine ISD:</p> <ul style="list-style-type: none"> • No policy for foods or beverages sold (We do not have vending machines available to students, school stores or a la cart items that sell items that do not meet Smart Snack standard to students, so there is no need for a policy) • No policy addressing the amount of time of week for PE for HS students (HS students are only required one semester of PE for graduation)
 <p>Opportunities for Growth</p>	<p>0 or 1</p>	<p>0 or 1</p>	<p>No addressed policy or practice Opportunities for Growth- Areas we need to update our policy and create a plan for meeting the goals. Needed:</p> <ul style="list-style-type: none"> • Policy regarding activity breaks in the classroom although many Elementary teachers do provide such breaks. • Policy concerning the use of physical activity as a reward • Policy concerning physical activity not being used as punishment

Triennial Assessment Report 2022

			<ul style="list-style-type: none"> Addressing how the Wellness policy will be updated based on the results of the triennial assessment. <p>Areas that are not applicable to Gustine ISD:</p> <ul style="list-style-type: none"> Comprehensive nutrition education for HS (no health class required for graduation) Policy that addresses unpaid balances for meals (NA- all meals are currently free to all students) We do not purchase local foods for farm to school due to using the local produce supplier would be a conflict of interest since they serve on the local School Board No written PE curriculum for HS (HS students are only required one semester of PE for graduation)
 <p>Evaluation</p>			<p>Gustine ISD:</p> <ul style="list-style-type: none"> Comprehensive score: 58 (Areas in which a score of 1 or 2 was received) Strength score: 51 (Areas in which a score of 2 was received) <p>National average:</p> <ul style="list-style-type: none"> Comprehensive score: 54 Strength score: 33 <p>The assessment is a best practices evaluation- no school will meet 100% of the assessment.</p> <p>The assessment shows that we scored above the national average with strong policy which is being implemented well to meet the needs of our students. There were opportunities for growth identified in which our policy should be updated to better meet the standards as we deem appropriate for Gustine ISD.</p>

Submitted by Lisa Connel RN School Nurse

Assessment approved by the School Health Advisory Council: 4/5/22

Assessment approved by the Board of Trustees: 5/9/22